PURPOSE
Campus Recreation engages students and the Baylor community in experiential learning, recreational and leisure activities that equip individuals to live balanced, holistic, and healthy lifestyles.

BY THE NUMBERS
385,231 Student Life Center Visits
4,343 Intramural Participants
1,024 Club Sport Participants
1,610 Fitness Classes Taught
39 Outdoor Adventure Trips

INTRAMURALS
Intramural Sports provide students a variety of recreational opportunities engaging them in healthy competition while developing character, integrity, and sportsmanship.

24 Sports Played
2,543 Total Teams
3,960 Total Competitions
4,343 Total Participants

CLUB SPORTS
Club Sports provide students the opportunity to compete at a higher level and enjoy enhanced skill development.

35 Club Sport Teams
3 new teams introduced: Disc Golf, Kendo, and Men’s Basketball
1,024 Total Participants

FITNESS
Fitness programs support a physically healthy lifestyle through group exercise classes, personal training, consultation services, and special events.

158,064 Fitness Center Visits
22,385 Class Visits
795 Personal Training Sessions Provided
41 Peer Nutrition Clients

Step Challenge:
305 participants for one week
50,000+ steps on average
8 million total steps

OUTDOOR ADVENTURE
Outdoor Adventure provides students opportunities to engage in trips, classes, programs, and recreational activities, and to enhance students’ lives through outdoor pursuits achieving personal challenges and growing in spiritual development.

18,336 Rock Wall Visits
6,948 Marina Visits
5,133 Challenge Course Participants
39 Adventure Trips
One of the biggest recreational trends on college campuses is pickleball, and Baylor is no exception. In the fall of 2024, pickleball will become our 36th official Club Sport. They are already ranked nationally in their first year of competition. We will also be exploring dedicated pickleball facilities to meet growing student demand for courts.