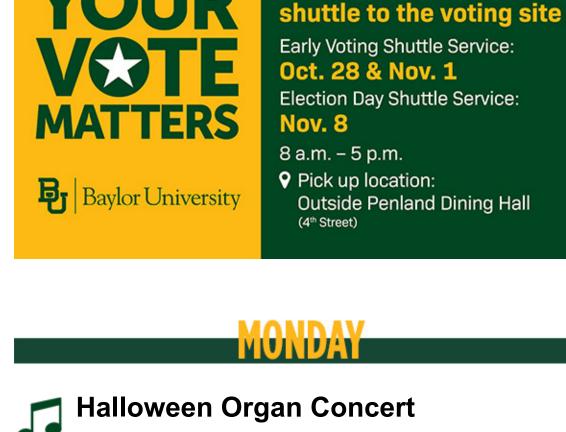
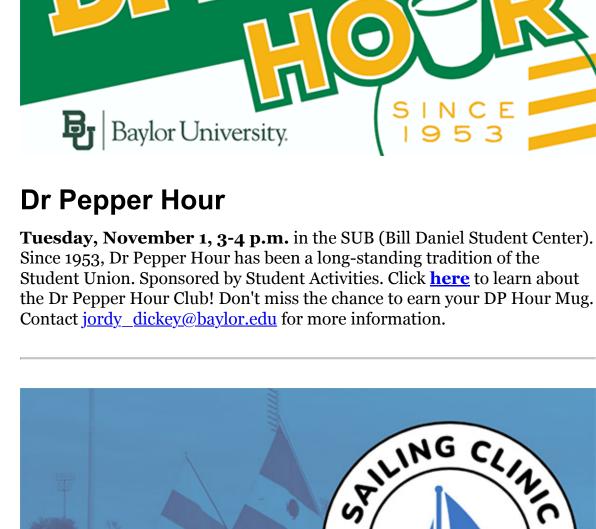


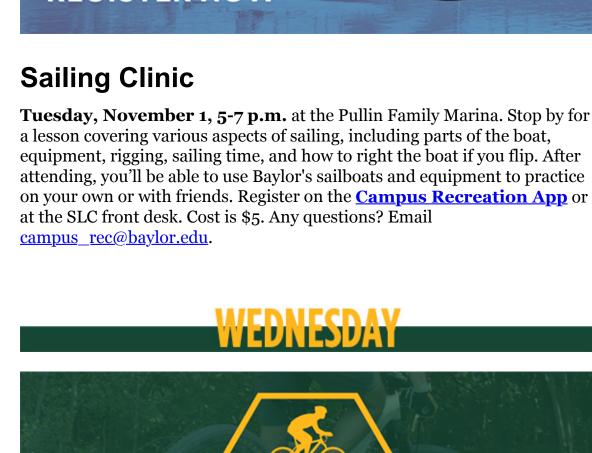


Free Baylor/Waco Transit





EVERY TUESDAY & WEDNESDAY PLILIN FAMILY MARIND 5 - 7 PM **REGISTER NOW**



TRAIL RIDES

CAMERON PARK | REGISTER NOW

EVERY WEDNESDAY | 4:30-6:30 PM

Sailing Clinic Wednesday, November 2, 5-7 p.m. at the Pullin Family Marina. Stop by for a lesson covering various aspects of sailing, including parts of the boat, equipment, rigging, sailing time, and how to right the boat if you flip. After attending, you'll be able to use Baylor's sailboats and equipment to practice

at the SLC front desk. Cost is \$5. Any questions? Email

INTRO

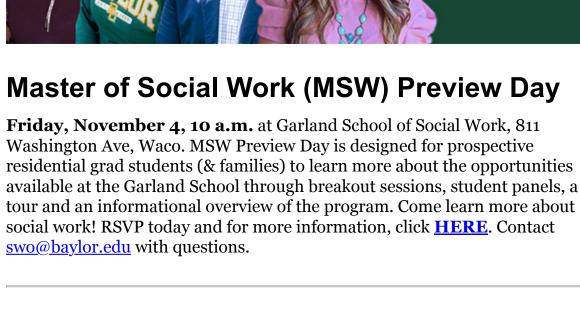
campus rec@baylor.edu.

LEAD Intro to Lead Climbing Clinic **Thursday, November 3, 5-8 p.m.** at The Rock. Head over to the SLC

Register by 5 p.m. the day of the class on the **Campus Recreation App** or

the SLC front desk. Cost is \$10. Any questions? Email

RSVP today!



Intro to

Outdoor

Climbing

PREREQ: INTRO TO LEAD CLIMBING

LEAD 2.0 ANCHORS

Pedal Paddle

New Music Ensemble Concert Friday, November 4, 7:30-9 p.m. at Jones Concert Hall,

BIKE TO CAMERON PARK AND PADDLE BACK TO THE MARINA

REGISTER NOW | \$10

Saturday, November 5, 9 a.m. - 12 p.m. Meet at the Pullin Family Marina for a guided bike ride along the Brazos River through downtown Waco to Cameron Park East. Then swap out your bike for kayaks, and

paddle back down the river to the Marina. Cost is only \$10, and equipment



home while worshipping God, while also inviting other students from various backgrounds into what it means to praise and worship like an African. Contact ayomide osinubi2@baylor.edu with questions.

ROCK 'n **6 PM** RUN 5K **FOR RWANDA**

\$15 to run/walk

Baylor - Fountain Mall

Free 10 Days t-shirt and snacks are included!

November 10, 6 p.m. on Fountain Mall. Sponsored by GAIN at Baylor and The Wells Project. Join us for our second annual Rock 'N Run 5k event! The donation fee to walk/run is \$15, which includes a free 10 Days t-shirt & snacks. All proceeds go to Living Water International to provide clean water

to Rwanda. Event open to anyone. Get ready to rock 'n run! Sign up or donation form below. Click **HERE** to sign up to run and click **HERE** if

GET YOUR FLU VACCINE ON CAMPUS THIS FALL

NOVEMBER 4 11 a.m.-1 p.m.

NOVEMBER 11 12:30-1:45 p.m.

You can make an appointment through your Health Portal or walk in.

Baylor University

Lobby of Sid Richardson

Morrison Hall Room 100

Rock 'N Run for Rwanda 5k

you'd like to volunteer to help with the race. Contact

erin lynes1@baylor.edu with questions.

OCTOBER 4 3-4:30 p.m.

(in conjunction with Dr Pepper Hour)

OCTOBER 28 11:30 a.m.-1:30 p.m.

Get Your Flu Shot FREE!

check the schedule at baylor.edu/healthservices

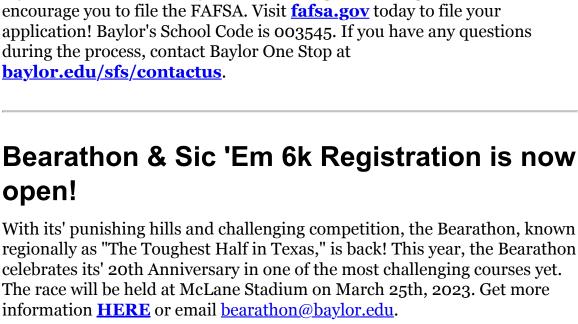
OCTOBER 18 11 a.m.-1 p.m.

SUB in the Beckham Room

Truett Seminary Great Hall

Foster 124

school year!



If you will be with us next year as an undergraduate or graduate student, we

Check out the class schedule **HERE** and make sure to follow @baylorfitwell on Instagram for updates about new classes added to the schedule. Regularly scheduled classes have begun and a membership must be purchased to attend. Memberships can be purchased via the **Campus**

classes, does not include F45 F45 Membership – \$50 per semester – includes unlimited F45 AND Fitwell classes

Stay connected with Student Life

View past issues of What's New BU here.

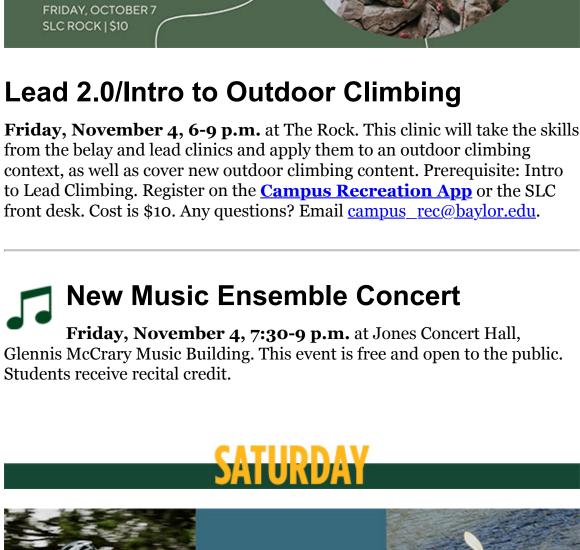
Monday, October 31, 7:30-9:30 p.m. at Jones Concert Hall, Glennis McCrary Music Building. Students perform an Halloween Organ Concert. This event is free and open to the public. Students receive recital credit. TRADITION

Mountain Bike Trail Ride Wednesday, November 2, 4:30-6:30 p.m. at Cameron Park. Want to learn how to mountain bike? Join Outdoor Adventure on a weekly mountain bike clinic through Cameron Park! Cost is only \$10, and equipment is provided. Make sure to register at least 24 hours in advance, using the <u>Campus Recreation App</u> or the SLC front desk. Any questions? Email <u>campus rec@baylor.edu</u>. on your own or with friends. Register on the **Campus Recreation App** or

Rock to learn the technical skills necessary to advance in the sport of indoor rock climbing! The class teaches lead belaying as well as lead climbing.

campus rec@baylor.edu.





Festival Saturday, November 5, 2-6 p.m. at McLane Stadium. Veterans Day

Festival where the whole Baylor and Waco communities are invited!

by Veterans of Baylor, CASE (Center for Academic Success and

Baylor Volleyball vs. Kansas

information about Baylor Athletics events, visit: **baylorbears.com**.

Saturday, November 5, 7 p.m. at Elliston Chapel. A night of worship purposed to create an atmosphere for African students and faculty to feel at

Saturday, November 5, 2 p.m. at Ferrell Center. For more

Engagement) and Know Your Neighbor Week. Contact

<u>Kevin Davis1@baylor.edu</u> with questions.

African Worship Night

Esther Hooley@Baylor.edu.

Veterans and ROTC Cadets will compete by way of flag football, while fans and families will be invited to play the carnival games, participate in raffle giveaways, and much more! For more information, click **HERE**. Sponsored

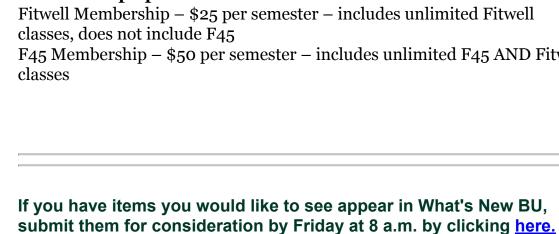
Volunteer for the Belief and Belonging **Festival November 5, 10 a.m.** at University Baptist Church. Be a part an event unlike any Waco has ever experienced! Hear from a diverse panel of speakers while you create a space of unity. Volunteers are needed for set up, take down, and facilitation of the event. Lunch will be provided. Click **HERE** for more information or contact <u>megan_rubalcaba1@baylor.edu</u>. **Around the Table** Sponsored by the Baylor University Counseling Center, Around the Table is a an offered service led by BUCC clinicians who act as facilitators and can join your scheduled student organization, club or classroom to lead discussions around hard-to-talk about issues or social events and the impact on student mental health. For more information, click **HERE** or contact

ins are also accepted. Upcoming dates are: 10/18 at the Truett Seminary Great Hall; 10/24 in Foster 124; 11/4 in the lobby of Sid Richardson; and 11/11 in Morrison 100. If you have health insurance, be sure to bring your insurance card with you or send you insurance info to <u>health_services@baylor.edu</u>.

The FAFSA is open for the 2023-2024

Get your FREE flu shot on campus at one of the upcoming flu vaccination clinics! Appointments are available through your Health Portal, and walk-

FITWELL



October 31, 2022

Student Life

open! information **HERE** or email <u>bearathon@baylor.edu</u>. 区

Registration for memberships is open. **Membership options:**

Fitwell Recreation App, www.myrec.baylor.edu, or at the SLC front desk.