

## Student Life

## December 3, 2021

Student Life Staff,,

This e-mail is the fourth in our series updating you on the impressive progress we have made as a Division towards accomplishing our five Divisional priorities for 2021-2022. This week we are highlighting priority three:

## Enhance Student Health and Well-being Intervention Strategies



## **Major Accomplishments:**

- Telehealth platform launched providing online counseling, urgent care visits, psychiatry, and nutrition services. Already over 188 students have accessed the counseling services and 75 have accessed the medical services.
- Fitwell Classes were offered at no cost impacting 1,835 participants, and F45 classes were offered at low cost to an additional 561 participants (2,396 total)
- Care Team ministering to 781 students thus far this year (110% increase over last year)
- Health Center provided 10,000<sup>th</sup> COVID vaccine shot
- Counseling Center has already offered over 3,086 appointments
- reaching over 1,023 individual students
- Continued to take lead roles in caring for the campus midst the changing landscape of COVID.
- The Competitive Sports programs had 3,613 students participate in the Competitive Sports Programs: thereby increasing physical development, social connections, and memorable moments.
- The Outdoor Adventure program served 2,040 students who discovered new skills and friends through experiential education in the great outdoors including biking, kayaking, canoeing, rock climbing, hiking, backpacking, and other adventures. Over 4,500 students climbed the rock and over 2,200 people experienced the ropes course.



"As we continue to emerge from the pandemic and move into the recovery phase of COVID, there has been an increase in the health and well-being needs of our students. The Division of Student Life has bolstered existing programs to meet a new level of student need and created new programs such as the telehealth platform (baylor.academiclivecare.com)

with the opportunity to provide medical and counseling services to any student, anywhere, anytime."

Jim Marsh Dean for Student Health and Wellness

P.S. Through these emails, we are showcasing the amazing work that you do as well as the exciting accomplishments we are seeing in our division, but if you'd like to take a look at more than 20 pages of our accomplishments from this past year, check out the 2020-21 Student Life Annual Report <u>HERE</u>.

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